

# CHOOSE YOUR SKIER TYPE



## Selecting Your Skier Type is Your Responsibility!

Your skier type, height, weight, age and ski boot sole length are used by the shop technician to determine the release/retention settings of your bindings. It is important to provide accurate information. Inaccurate information may increase your risk of injury.

Consult the following descriptions to select your Skier Type.

### TYPE I Ski Cautiously

- Prefer slower speeds.
- Prefer cautious skiing on smooth slopes of gentle to moderate pitch.
- Prefer lower than average release/retention settings.
- Prefer an increased risk of inadvertent binding release in order to gain increased releasability in a fall.
- Entry-level skiers uncertain of their classification.

### TYPE II Ski Moderately

- Prefer a variety of speeds.
- Prefer to ski on varied terrain.
- Skiers not classified as Type I or Type III.
- Prefer average release/retention settings appropriate for most recreational skiing.

### TYPE III Ski Aggressively

- Prefer faster speeds.
- Prefer fast and aggressive skiing on slopes of moderate to steep pitch.
- Prefer higher than average release/retention settings.
- Prefer decreased releasability in a fall in order to gain decreased risk of inadvertent binding release.

If, from experience, you have been dissatisfied with the release/retention settings that result from your normal skier classification, or if you have some other special concern, you may wish to select lower or higher skier classifications ((Type -I) or (Type III+)) or select skier type designations that are different for twist and forward lean. Mention your dissatisfaction to your binding technician.

**(Type -I)** is for skiers who desire lower release/retention settings than Type I and will further increase the risk of inadvertent binding release in order to gain increased releasability in a fall.

**(Type III+)** is for skiers who desire higher release/retention settings than Type III and will further decrease releasability in a fall in order to gain decreased risk of inadvertent binding release.

